

# Gore Range Group e-News

## December 2024



### Gore Range Group Annual Meeting Recap - Nov. 21, 2024

Our Annual Meeting began with an inspiring program by ultra-athlete Nikki LaRochelle. Nikki shared her incredible experiences, including mountaineering the Mosquito-Tenmile Traverse, completing both summer and winter Grand Traverses, and competing in Skimo racing as part of the US Skimo team. She has also completed the High Lonesome 100 miler three times! Beyond her athletic achievements, Nikki is raising two daughters, managing a graphic design business, and pursuing graduate studies. Her story challenges us all to dream big and push boundaries.

After Nikki's presentation, we handled GRG business, including the election of officers for the upcoming two-year term. Barb Audin provided a review of GRG Activities, and Curt Audin recognized our hardworking Trip Leaders from 2023–2024.

Special thanks go to everyone who helped organize this event and to Heather Felder for the delicious home-baked dessert. GRG Officers for 2024–2026: Chair: Doug Werner Vice-chair: Matt Felder Treasurer: Jim Bradley Secretary: Jan Dudley

Several attendees expressed a desire for more time to connect socially during events. Join us for Happy Hour on Tuesday, Dec. 17, 3-5 PM, at the Rt. 6 Café. We hope to see you there!

Thank you to all members who participated and contributed to making our Annual Meeting a success. Let's make 2025 another memorable year for GRG!

#### Submitted by Jan Dudley

## GRG SKI / BOARD AND HAPPY HOUR

Join GRG for a fun winter day of skiing/boarding at Beaver Creek with Candace as our fearless leader.

Join us for a social Happy Hour Gathering at Rt 6 Cafe. Friends and guests are invited to join us at Happy Hour. See details below.



Tue, Dec 17, 2024

RESORT SKIING/SNOWBOARDING – SKIING/BOARDING AT BEAVER CREEK RESORT. RESORT SKIING/SNOWBOARDING with Candace Winkle Registration opens 12/9 https://www.cmc.org/education-adventure/trips/find-trips/resort-skiing-snowboarding-2013-resort-skiingboarding-at-beaver-creek-resort

### Tue, Dec 17, 2024 3:00-5:00 Join us for a social Happy Hour gathering. (At your own expense.)

GRG members and guests are invited to join us for an informal social gathering at the Rt 6 Cafe in Avon.









Register for Happy Hour at: https://www.cmc.org/groups-sections/groups-around-the-state/gore-range-group/calendar

> Route 6 Cafe Menu: https://route6cafe.com/happy-hour-menu/

### MEET THE GRG SAFETY CHAIR

### The GRG Council unanimously endorsed Steve Thompson as the Safety Chair for our GRG.

Responsibilities as Safety Chair include:

Provide recommendations to GRG Council to maintain adequate safety standards for the GRG and its outings

Maintain contact and represent the GRG on the State CMC Risk Management Committee as needed

The GRG Council thanks Steve for stepping into this important role, and look forward to his worthwhile contributions for safe recreation in our Gore Range.

## This is an exerpt from a previous interview with Steve that was published in the December 2023 GRG Newsletter:



This past year, Steve has become one of our newest and young(est) GRG Leaders. Steve comes to the GRG from the Denver group, after having honed his skills as a leader for our Front Range neighbors. Steve has been a CMC member for over ten years. After retiring about 2 years ago, he has now transferred his many years of mountain experience and leadership to the GRG. We welcome Steve and are fortunate that he brings his many skills and younger legs to our GRG.

Steve joined the CMC to meet others of similar ability and interests in this fabulous playground of ours. He has joined famed GRG leaders Candace, Jim B, and Mike M on ski trips, and recently lead successful climbs on Parnassus and Keller. His favorite CMC course is the Wilderness Trekking School. This included several days in the field that focused on trekking skills, map skills and navigation, intro to ice axes, and snow travel. His go to navigation app is GAIA, and his favorite ski trail is the Peaks Trail from Peak 7 to Frisco.

His CMC experience has transitioned to an interest in mentoring CMC members, nurturing their growth, and sharing insider tips that he has learned over the years. He is willing to share his hard learned and self-taught skiing lessons ...

Fall down by choice – find the best location to stop and drop!

Don't drag your poles - if they snag something, you will injure your shoulder!

Distribute your weight evenly over your skis – work on your turns by using the outside ski.

And lastly, watch for hidden obstacles, such as recently fallen trees that are buried in the snowfall.

Steve would like to see the GRG offer more difficult Class 2 & 3 summer hiking trips that are longer, higher, and faster. Stay tuned ....

When Steve is not with CMC family, he is with friends and family on big adventures. He has completed a guided 7 day backpack of the Escalante River with Andrew Skurka, quite gnarly with 20 miles per day, wet trails, and slot canyons. A favorite was the high route of the Wind River Range of Wyoming, 6 days with 12,000' gain, and luckily, no bears. Local trips have included backpacking trips in the Lost Creek, Indian Peaks, and Weminuche Wilderness areas. And a long range goal is to backpack the 190 miles of the Sierra High Route.

At the end of a long hiking day, Steve recommends deep dish pizza from Peppino's in Frisco. And the best place to get interviewed is Ein Prosit in Frisco.

GRG Leaders hope you can meet Steve on one of his many trips, and we thank him for his commitment to our group!

## NEWS YOU CAN USE

### State CMC Office in Golden has moved

The State CMC has purchased a new home. The new address is 15605 West 32nd Avenue, Golden CO 80401. It is the corner of 32nd Avenue and McIntyre. The main number remains 303-279-3080.

Additional information about the building sale and new owners can be found here (copy and paste this site):

https://coloradocommunitymedia.com/2024/10/10/golden-based-mountain-clubs-sell-american-mountaineering-center/ #:~:text=The%20American%20Mountaineering%20Center%20at,by%20the%20two%20mountain%20clubs.

Currently the CMC has about 5800 members and 225 leaders.

The new CMC building is 40 years newer than the old building and does not have an historic easement. The American Alpine Club will continue to maintain its library, the CMC archives, and the American Mountaineering Museum. A written agreement ensures that our collections will remain in Colorado, and we will continue to have full access to them.



## **IN MEMORIUM**



### In remembrance of our loved ones that have passed

Longtime GRG members, Jim Sloan and Anne Esson Jim Sloan https://www.grandcountymortuary.com/obituaries/james-sloan Anne Esson https://www.vaildaily.com/news/obituaries/obituary-anne-l-esson

Chair
Vice Chair
Secretary
Treasurer
Safety
State Coun

Doug Werner Matt Felder Jan Dudley James Bradley Steve Thompson cil Candace Winkle

### **GRG COUNCIL MEMBERS**

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Membership Leader Training Activities Social Media Leader Appreciation Curt Audin

Maryann Gaug Candace Winkle Barbara Audin Jan Dudley

Megaug@earthlink.net Candace.winkle@gmail.com Barbaudin@gmail.com Jandudleyo1@gmail.com Chaudin51@gmail.com

## **GRG TRIPS**

#### SIGN UP FOR GRG TRIPS

Tue, Dec 17, 2024 <u>RESORT SKIING/SNOWBOARDING – SKIING/BOARDING AT BEAVER CREEK RESORT.</u> <u>RESORT SKIING/SNOWBOARDING with Candace Winkle</u> <u>Registration opens 12/9</u> <u>https://www.cmc.org/education-adventure/trips/find-trips/resort-skiing-snowboarding-2013-resort-skiing-boarding-atbeaver-creek-resort</u> <u>Tue, Dec 17, 2024 3:00-5:00</u>

HAPPY HOUR GATHERING GRG Members and Guests are invited to join us for a Happy Hour at the Rt 6 Café (at your own expense). RSVP at this link: https://www.cmc.org/groups-sections/groups-around-the-state/gore-range-group/calendar MENU at this link: https://route6cafe.com/happy-hour-menu/

Thu, Dec 19, 2024 <u>BASIC SNOWSHOE – MEADOW LOOP AND RIDGE TRAIL</u> <u>SNOWSHOE with Barb Audin</u> <u>https://www.cmc.org/education-adventure/trips/find-trips/basic-snowshoe-2013-meadow-loop-and-ridge-trail</u>

Thu, Jan 9, 2025 <u>HIKING – OLD DILLON RESERVOIR</u> HIKE and SNOWSHOE with Jan Dudley <u>https://www.cmc.org/education-adventure/trips/find-trips/hiking-2013-old-dillon-reservoir-1</u>

Tue, Jan 14, 2025 BASIC SNOWSHOE – GOLD HILL TRAIL SNOWSHOE with Barb Audin Registration opens 12/14 https://www.cmc.org/education-adventure/trips/find-trips/basic-snowshoe-2013-gold-hill-trail

Fri, Jan 17, 2025 BACKCOUNTRY NORDIC SKIING – RABBIT EARS PASS BACKCOUNTRY NORDIC SKIING with Jan Dudley Registration opens Jan 3 https://www.cmc.org/education-adventure/trips/find-trips/backcountry-nordic-skiing-2013-rabbit-ears-pass-1

Wed, Feb 5, 2025 HIKING – MOONLIGHT TRACTION HIKE FROM MINERS CREEK TH TO RAINBOW LAKE IN FRISCO. HIKE and SNOWSHOE with Jan Dudley Registration opens 1/8 https://www.cmc.org/education-adventure/trips/find-trips/hiking-2013-moonlight-traction-hike-from-miners-creek-th-torainbow-lake-in-frisco

## **GRG TRIPS**

Wed, Feb 12, 2025 <u>ADVANCED SNOWSHOE – CHALK MOUNTAIN OHV TRAIL</u> SNOWSHOE with Barb Audin <u>Registration opens 1/6</u> <u>https://www.cmc.org/education-adventure/trips/find-trips/advanced-snowshoe-2013-chalk-mountain-ohv-trail</u>

Wed, Mar 12, 2025 BACKCOUNTRY NORDIC SKIING – COPPER MOUNTAIN - WEST VILLAGE BACKCOUNTRY NORDIC SKIING with Jan Dudley Registration opens 2/1 https://www.cmc.org/education-adventure/trips/find-trips/backcountry-nordic-skiing-2013-copper-mountain-west-village

### Thu, Mar 20, 2025 BACKCOUNTRY SKIING/SPLITBOARDING – COPPER MOUNTAIN - WEST VILLAGE BACKCOUNTRY SKIING/SPLITBOARDING TRIP with Jan Dudley Registration opens 2/1 https://www.cmc.org/education-adventure/trips/find-trips/backcountry-skiing-splitboarding-2013-copper-mountain-westvillage

### MARK YOUR CALENDAR FOR GRG MEETING DATES

GRG Members are welcome to attend all GRG Meetings. Meetings are posted on the GRG Calendar. Click on the link to register. Jan will send a zoom link prior to the meeting.

								Tem	pera	ture	(°F)							
Calm	40	35	30	25	20	15	10	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45
5	36	31	25	19	13	7	1	-5	-11	-16	-22	-28	-34	-40	-46	-52	-57	-63
10	34	27	21	15	9	3	-4	-10	-16	-22	-28	-35	-41	-47	-53	-59	-66	-72
15	32	25	19	13	6	0	-7	-13	-19	-26	-32	-39	-45	-51	-58	-64	-71	-77
20	30	24	17	11	4	-2	-9	-15	-22	-29	-35	-42	-48	-55	-61	-68	-74	-81
F 25	29	23	16	9	3	-4	-11	-17	-24	-31	-37	-44	-51	-58	-64	-71	-78	-84
25 30 35 40 (ydw) puiM	28	22	15	8	1	-5	-12	-19	-26	-33	-39	-46	-53	-60	-67	-73	-80	-87
밑 35	28	21	14	7	0	-7	-14	-21	-27	-34	-41	-48	-55	-62	-69	-76	-82	-89
ž 40	27	20	13	6	-1	-8	-15	-22	-29	-36	-43	-50	-57	-64	-71	-78	-84	-91
45	26	19	12	5	-2	-9	-16	-23	-30	-37	-44	-51	-58	-65	-72	-79	-86	-93
50	26	19	12	4	-3	-10	-17	-24	-31	-38	-45	-52	-60	-67	-74	-81	-88	-95
55	25	18	11	4	-3	-11	-18	-25	-32	-39	-46	-54	-61	-68	-75	-82	-89	-97
60	25	17	10	3	-4	-11	-19	-26	-33	-40	-48	-55	-62	-69	-76	-84	-91	-98

## AUTUMN with the GRG



Capulin Volcano National Monument













