



The Newsletter of the CMC's Pikes Peak Group

October, 2024 | No. 317

The Pikes Peak Group in Photos

Mt Rosa



Front L–R: Maria Laman, Bill Timm, and Richard Trillet; Rear L–R: Joel Gibson (leader), Ron Pausa, and Joselyn Rosario-Sanchez.

Wheeler Lake



L-R: Tougeer Ahmad (leader), Sean Starkey, and Amy Hunter.

Uneva Peak



Front L–R: Cheryl Harmel and Lin Wareham-Morris; Rear L–R: Ute Szilard, Lori Spaulding, Tom Mourar, Greg Long, and Laura Clayton.

Bighorn Creek Trail



L–R: Sami Hicks, Stacey Hicks, Ute Szilard, Cheryl Harmel, and Lin Wareham-Morris.

More photos on page 3.

Your PPG Council

Chair – Glenn Barr 719-244-3502, gjb2000@gmail.com

Past Chair - Vacant

ARCPro Director – Scott Kime 719-235-0939, scott.kime@live.com

Conservation – Jim Koeppen 575-636-5668, jrkoeppen@gmail.com

Education & Training – Eric Hunter 719-266-9647, EHunterCMC@gmail.com

Equipment Manager – Kristen Buckland 419-260-7807, buckie06@hotmail.com

HAMS/Adventure Travel – Greg Long 719-659-0345, at_90@yahoo.com

Membership – Dean Waits 719-445-0263, dwaits24@gmail.com

Newsletter – Dave Anderson 719-484-9069, danderso@uccs.edu

Outings – Dania Spohn 571-991-2519, dania.c.ruiz@gmail.com

Programs - Vacant

Public Relations – Emma Moore 310-913-8931, emma@pvt.group

Safety & Leadership – Mike Cromwell 858-395-5986, cromwellc@comcast.net

Secretary – Sarah Hettenbach 785-226-3176, hettenbach.s@gmail.com

Social Events - Vacant

State Council Representative – Julie Jacobsen 719-351-1323, jewelsjoy3@msn.com

Treasurer – Julie Jacobsen 719-351-1323, jewelsjoy3@msn.com

Wilderness Trekking School & Basic Mountaineering School Director – Joe Preiss 719-337-9331, zmqjwp@gmail.com,

55 Plus Group – Christie Lee 719-243-1821, christie80905@gmail.com

At Large:

Ed Anderson 703-309-9290, edandersoniv@gmail.com

Britt Jones

719-661-4777, britt@globalreality.biz

Rick Keetch

719-634-1165, rakeetch@msn.com

Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

Welcome New Members!

Claudine Caluori Paul Dent Ian Hancock Michael Heitland Dillon Koch Tattiana Meredith Trinity Meredith Ken Peachey Tucker Vana



Member Discounts

Adventure Medical Kits

Tara Khan

Ajax Bike and Sport

American Mountaineering Museum

Atrevida Beer Co (was Great Storm)

Battle Mountain Brewing Company

Bentgate

Breckenridge Nordic Center

City Rock

Friction Labs

Frisco Nordic Center

Gearonimo

Golden Bike Shop

Ken's Anglers

Lumiere Telluride

Moosejaw

Mountain Chalet

Mountain Equipment Recyclers

Mountainsmith

ProMotive.com

R&W Rope

ROCK'n & JAM'n

Rocky Bob's Fly Fishing Rods

Summit Terragraphics

The Custom Foot

The Mountaineers Books

The Trailhead

TrailRunner Magazine

Vagabond Ranch Huts

Wilderness Exchange Unlimited





More Pikes Peak Group in Photos

North Star Mountain



L-R: Barry Vlessing, Jacqueline Hooper, Barbara Collins, Christie L-R: Jennifer Otey, Scott Baugher, Laura Clayton, Lori Spaulding, Lee (leader), Richard Trillet, and Tougeer Ahmad.

Lake Park Peak



Jessica Sieren, Cheryl Harmel, and Ute Szilard.

Potpourri

Fall '24 and Winter '25 Course Catalog



We're excited to announce that this season's course catalog is now live! Whether you're looking to explore the great outdoors, learn new skills, or just enjoy some fresh air, we've got something for everyone!

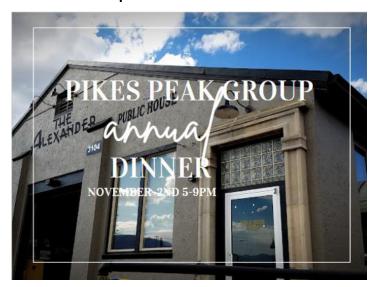
with a ton of helpful advice for your adventures! For the best viewing experience make sure to use your desktop.

Check out the course catalog today.

From the uninitiated to the expert, there is a place for everyone here! Questions? Feel free to reach out to office@cmc.org—we're here to help!

Looking forward to seeing you in a course this season!

Pikes Peak Group Annual Dinner



The Pikes Peak Group's Annual Dinner (for PPG members and their guests only) is a time to connect and socialize, but also includes dinner, a cash bar, our annual volunteer rewards, Trip Leader recognition, and an update from the PPG Council. We are charging a nominal fee of \$22.50 to This catalog highlights all our fall and winter courses along limit "no-shows" and the overall cost to the PPG. Dinner attire: Colorado Casual. Join us November 2nd from 5-9pm at The Public House at The Alexander, 3104 N Nevada Ave, Colorado Springs, CO 80907 for Prime Rib Buffet with a Vegetarian/Vegan Bolognese option.

> Registration closes October 22nd at 7pm. Sorry—no late registrations.

Give back and have fun—become a CMC Trip Leader! Nature Unplugged Hike-A-Thon



background

L-R: Chris (Leader in Training), Richard, Abby, Christie the Hike-A-Thon (fundraising optional). (Leader), and Joselyn enjoy a perfect Colorado day going up 2,000 feet in just over a mile.

Are you interested in making new friends, growing your skills, exploring trips of your interest, and giving back to the Club? Consider Trip Leader School! Junior leader Chris Kaplan remarks, "I've grown so much as a mountaineer thanks to the education and guidance of our leaders and instructors. I wanted to give back and elevate my commitment to the future of the Club. I'm looking forward to leading trips all around the state to strengthen bonds between our area chapters!" The process involves learning the roles and responsibilities of trip leading, earning a Wilderness First Aid (WFA) certificate, participating in a field scenario day, and completing a Leader-in-Training hike. Chris adds, "Adventuring with experienced leaders has taught me practical leadership skills and helped grow my confidence." Learn more about becoming a trip leader by contacting Glenn Barr, PPG Trip Leader School Director.



Mt. Helen 13er with Father Dyer and Crystal Peaks in Fellow Mountain Club hikers, it is time for a challenge!

Nature Unplugged issues an annual fundraising challenge:

Joe Petsche, Meggan Barcan, and Anna Gallogly will be leading trips in October, with the purpose of logging hiking miles for an online challenge. We created a CMC team on Nature Unplugged's Hike-A-Thon.

The Hike-A-Thon challenges people to hike, walk, or run through the month of October, logging as many miles as possible. Those who log a minimum of 50 miles will earn a \$50 in-store credit to your local Fjallraven store (100 miles earns you a \$100 credit).

*Miles must be logged through Strava, and posted to your profile.

We created a CMC team, and will be posting hikes to log some miles together.

Let's represent the Colorado Mountain Club and show off our hiking abilities together!!



Upcoming Pikes Peak Group Classes

PPG WTS - Land Navigation

Wed, Oct 9, 2024 - Sat, Oct 19, 2024

The PPG WTS - Wilderness Fundamentals Course is the prerequisite for this course. Students must have earned the "Wilderness Trekking School Student" badge to be able to register for this course. This course is the second course in the Pikes Peak Group's Wilderness Trekking School (WTS) curriculum. This course may also be a prerequisite for trips or other schools. Cost: \$30 for PPG members, \$60 for all others.

ARC Pro Introduction to Self-Rescue

Sat, Oct 12, 2024 - Sun, Oct 13, 2024

Students will learn a variety of self-rescue techniques applicable to climbing in the single-pitch environment. Skills will include rope ascension, getting hands-free while belaying, taking over a belay, counterbalance rappelling, using a technical ledge for a load transfer, and passing a knot while rappelling. Students should be able to independently perform a climber pick-off, escape a belay and pass a knot on rappel after completion of the class. The class consists of two full field days at a rock-climbing crag, with outdoor discussion, demonstrations and practice with instructor feedback/supervision. This class is applicable to climbers of all levels and is the prerequisite for the Intermediate Self-Resue class, which covers multipitch rescue techniques. Registrants should have basic rock-climbing skills to include safety checks, top rope belaying and rappelling. Cost: \$95 for PPG members, \$125 for all others.

Basic Alpine Climbing

Thu, Nov 7, 2024 - Sat, Nov 9, 2024

This course is the first course in the Pikes Peak Group's Basic Mountaineering School (BMS) curriculum. Basic Alpine Climbing consists of a set of skills that fill a gap between on or off-trail hiking and technical climbing. Skills include assessing hazards and decision making, traditional scrambling techniques, assessing and choosing off-trail routes in alpine/scrambling terrain. The PPG WTS - Wilderness Fundamentals Course is the prerequisite for this course. Students must have earned the "Wilderness Fundamentals course" badge or an equivalent Wilderness Trekking School badge to be able to register for this course. Cost: \$45 for PPG members, \$145 for all others.



Wilderness First Aid (WFA) Course in Colorado Springs November 9-10

This WFA course teaches students the skills to anticipate risks and hazards, identify medical, traumatic, and environmental problems, recognize life-threatening issues, initiate basic care, and deliver a cohesive report. The curriculum forces students to think creatively, adapt to ever changing situations, and learn valuable leadership, decision making, and communication skills. Read all the details and register.



Conservation Corner

Did you know that autumn is one of the best times to get involved with your local conservation efforts? After the heavy foot traffic of summer, our trails and open spaces need some care and attention before winter sets in. Autumn offers a perfect opportunity to volunteer for outdoor conservation work, and here's why:

- 1. **Comfortable Weather:** With cooler, more moderate temperatures, autumn provides a much more enjoyable climate for outdoor activities than the heat of summer or the freezing chill of winter. Volunteers can work longer and more comfortably without the risk of overheating or extreme cold.
- 2. **Essential Seasonal Maintenance:** Fall is the ideal season to prepare natural spaces for the upcoming winter. Volunteers can assist with clearing trails, removing fallen leaves and debris, and preparing parks and nature reserves for the off-season. This work is crucial for maintaining accessibility and protecting the environment year-round.
- 3. **Perfect Planting and Restoration Conditions:** Autumn's cooler weather reduces water stress on plants, while the soil remains warm enough to promote root growth. This makes it an excellent time for planting trees and shrubs, as well as for habitat restoration projects like reforestation.
- 4. Invasive Species Control: During autumn, native plants are going dormant, making invasive species more visible and easier to manage. It's an optimal time to tackle weed removal and control non-native species before they spread seeds.
- Supporting Wildlife Conservation: Fall is a critical period for many animals preparing for the winter months. Volunteers can help by restoring habitats, creating shelters, and ensuring migration routes are free from interference, directly contributing to the protection of local wildlife.
- 6. Building Community Connections: The sense of community is strong in autumn, with many people gathering for seasonal activities. Conservation volunteering during this time not only supports environmental efforts but also strengthens bonds within the community, fostering a shared commitment to preserving natural spaces.

If you're ready to make a difference this autumn, explore volunteer opportunities with some of our outstanding conservation partners in the region. Together, we can ensure our trails and open spaces are well-maintained and ready to thrive through the winter and beyond.

Trails and Open Space Coalition

Friends of the Peak

Rocky Mountain Field Institute

The Colorado Trail Foundation

Pikes Pique

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Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

PIKES PEAK GROUP CONTACT INFORMATION:

CMC Pikes Peak Group P.O. Box 2435 Colorado Springs, CO 80901 cmcppgrp@gmail.com CMC PPG web page

CLASSIFIED ADVERTISING

Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page \$25, ½-page \$50

Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page \$30, ½-page \$60

WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

Dave Anderson, editor danderso@uccs.edu

The deadline for submissions is the 14th of each month.

Use the above contact information for corrections and comments as well.