



Rocky Mountain Over The Hill Gang October 2024 Newsletter



A Message from your Section Chair...

It's been a beautiful couple of weeks with the fall colors so brilliant! I hope you've had a chance to get out and enjoy the Colorado aspen trees.

The annual meeting was a wonderful event, thank you to everyone who made this such a wonderful event. ***We honored Bea Slingsby*** for her many years of leading trips and all our trip leaders for their work in planning and leading bike, hike, and snowshoe trips. Thank you to all our volunteers and trip leaders! See the next page for a full list of volunteers. If we missed you, please let me know! In addition, we welcomed 4 new board members: Ginny Gelbach, Colleen Miller, Deb Kirk, and Dave Coren. If you see the outgoing board members, please thank them for their three years of service, Laurine Rowe, Dennis Baumfalk and Bob Barday.

Have you visited the new [Course Catalog](#)? It's a comprehensive CMC course catalog, featuring all the classes, courses, and workshops available this fall and winter. If you haven't taken advantage of CMC classes yet, this is a great place to start.

Looking forward, we are starting to re-imagine the holiday party with the CMC building being sold. A new CMC location is in the works, but has yet to be announced, so stay tuned for more information about the new CMC location and our holiday party details.

Hope to see you on the trail soon.

Warmly,

Kathy



From left to right: Elizabeth Collins (Bea's daughter), Bea holding her memory book, and Kathy Crawford.

THANK YOU *Volunteers*



Summer & Winter Hike Leaders and Co-Leaders:

Suzy Allexan
Cheryl Ames
Rico Argentati
Barbara Auden
Curt Auden
Bob Barday
Dave Bebell
Carol Bennett
Diana Bliss
Jan Brady
Frank Burzynski
Kathy Crawford
Barbara Dey
Rachel Dobrotin
Suzanne Dysard
Jeanne Eiss
Jeff Flax
Jim Guerra
Karen Guerra
Wayne Howell
Linda Jagger
Tom Jagger
Scott Kramer
Andrew MacGregor
Pat McKinley
Durrrie Monsma
Robbie Monsma
Martha Mustard
Mike O'Connor
Mary Ann Panarelli
Dave Riter
Jerry Rowe
Ken Ruiz
Dan Schweissing
Elaine Shirley
Bea Slingsby

Susanne Spandau
Carol Steger

Bike Leaders:

Scott Kramer
Kirsten Tollefsen
Wayne Tomasello
Bob Barday
Pete Spandau
Jerry Rowe
Jan Brady
Dennis Baumfalk

Social Committee Chair and helpers:

Gina Bischof and Lou Ann Dixon
(Chairs and Wizards of all things
social)
Pete Spandau
Susanne Spandau
Linda Dermyer
Tom Dermyer
Mary Bradley
Becky Flax
Jeff Flax
Ginny Gelbach
Scott Kramer
Lori Main
Diane Malk
Linda Sexton
Wayne Tomasello
Dave Whitson

Other Volunteers Who Make This Club

Great:

Elaine Shirley (Hike and Snowshoe
trip tracking and Board Member)
Jim Guerra (Denver Group Liaison)
Andrew MacGregor (RMOTHG
Name Tags coordinator and
current board member)
Linda Dermyer (Newsletter Editor
and outgoing Board Member)
Bob Barday (outgoing Board
member and former treasurer)
Dennis Baumfalk (Outgoing Board
member)
Kathy Crawford (Current Board
Chairperson)
Leann Donovan (board member
and current treasurer)
Ginny Kier (Board member)
Laurine Rowe (Outgoing Board
Member)
Martha Mustard (hiking
Coordinator)
Wayne Tomasello (Biking
Coordinator)
Elaine Kallos (snowshoing Co-
ordinator)

AND

JEFF FLAX (without whom we
wouldn't be able to function!!)

THANK YOU!

SOCIAL COMMITTEE UPDATE

UPDATE ON THE HOLIDAY PARTY

As most of you are aware, the AMC building was sold in early September. The RMOTHG holiday party, previously scheduled for December 8th at the AMC building, ***is now canceled***. It is anticipated that the Colorado Mountain Club will be securing a new location and if that happens by January 2025, the new social director(s) may have a post-holiday celebration in January.

While not the same as the holiday party, we are planning on scheduling a happy hour get together sometime in early December. STAY TUNED.

TOUR OF EDGAR EXPERIMENTAL MINE (Colo. School of Mines), 364 8th Avenue, Idaho Springs, CO

The tour of the Edgar Experimental mine is now full with a substantial notification/wait list. Please feel free to register on the notification list.

This mine is used by Colorado School of Mines students use for research and training. A Mines' student will conduct the tour. There is no cost for the tour per se, but a gratuity is expected for the student's services. Please bring at least \$5.00 in cash for the gratuity. Dress warmly as the temperature in the mine is about 55 degrees F, and you must wear close toed shoes. PPE will be provided. Please carpool. Participants are limited to 20 people.



Optional lunch in Idaho Springs after. [Click here to register](#)



Our wonderful Social Committee Chairs: Gina Bischofs and Lou Ann Dixon

Hiking News

By Martha Mustard



Now that fall foliage season is here, so also is hunting season; **remember to WEAR YOUR ORANGE OR PINK and/or put it on your pack very visibly.** And while you're appreciating those colorful leaves, remember that the ones on the trail may be covering some slippery spots or uneven ground. While it's fun to walk in the aspen leaves, do so with caution. And be prepared for any weather this time of year. We've been lulled into an endless summer but snow could come anytime in the mountains.

Two of the principles of Leave No Trace are to respect wildlife and to be considerate of others. Be aware that talking loudly can be disturbing to both wildlife and other hikers, both in your party or in other parties.

Please join a hike and appreciate our beautiful mountains and the wonderful company of other RMOTHG members! RMOTHG hikes can be found on cmc.org either on the RMOTHG calendar or under "find trips" designating RMOTHG as the section/group to hike with. Leaders post their trips whenever they want so it's best to be notified when trips are entered or to check the website frequently.



Caribou Ranch Open Space Hike lead by Martha Mustard and Karen Guerra

Biking news

By Wayne Tomasello

We have reached the end of our regular biking session, but wait... there may be more!

We've had a great time riding all over the greater Denver area (and beyond) this summer with our new and old RMOTHG friends. The "Hares" and "Terrapins" biked an estimated 816 miles this season lead by 8 of our finest trip leaders: **Wayne Tomasello, Scott Kramer, Jerry Rowe, Jan Brady, Kirsten Tollefsen, Pete Spandau, Bob Barday and Dennis Baumfalk.**

Let's hear it for our Bike Trip Leaders who dedicate their time to train as CMC leaders, who help plan the season of rides each spring with this Bike Coordinator, who post, scout and lead bike rides every week from May through September, and who are grateful for all of you participants that come along and make it fun!

So as to the "there may be more", depending on such things as the weather and interest, the RMOTHG bike leaders typically get inspired to run post-season bike rides. They may be on a Friday or another warmer day of the week and they may start a little later in the morning for the same reason.

For you to be aware of these post season rides please remember to:

1. Request biking notifications be sent to you when a new ride is posted on CMC.org. To do this go to CMC.org => My Profile=> My Preferences=> click Edit your Profile => then add Biking to the Alerts & Notifications Preferences section.
2. Check the Calendar on CMC.org each week to see what rides might be scheduled.

We look forward to seeing you on the trails this Fall and for sure next season!
Your RMOTHG Biking Coordinator,
Wayne Tomasello



A fun stop on a bike ride - a rope swing!

Our great biking leaders make biking around the city great fun.



Fun Pics of the Annual Meeting

Members enjoyed a delicious brunch while catching up with new and old friends.

Linda Sexton led a fun trio of bartenders who served up drinks for all tastes.

Kathy Crawford, current RMOTHG chair, honored Bea Slingsby for her dedication to the club. A BIG thanks to Gina and Lou Ann for coordinating a fun event.



PLACES WE'VE BEEN

Abyss Lake Trail led by Ken Ruiz and Jim Guerra.





Herman Gulch Hike led by Jeanne Eiss



Lake Isabelle Hike led by Elaine Shirley



Both photos on this page: Lower Cataract Lake led by Jeff Flax





Mt. Nystrom led by Jeanne Eiss



Square Top Lakes led by Elaine Shirley



Three Mile Creek Led by Jim Guerra



The lucky folks on the Three Mile Hike spied a beaver.

Rocky Mountain Over The Hill Gang

A Section of the Colorado Mountain Club Denver Group

RMOTHG SECTION BOARD 2024 - 2025:

Chairperson	Kathy Crawford	kathy@cefpeeps.us
Vice Chairperson	To be decided at November Board meeting	
Secretary & Emergency Contact	Andrew McGregor	Andrew.d.macgregor@gmail.com
Treasurer	LeAnn Donovan	La_donovan@hotmail.com
Communications/Membership Officer	Ginny Keir	gjkeir@gmail.com
Members at large	Elaine Shirley	erashirley@gmail.com
	Ginny Gelbach	giddsmom@comcast.net
	Colleen Miller	colleenemiller23@gmail.com
	Deb Kirk	cattoes@gmail.com
	Dave Coren	d.coren@comcast.net
CMC Denver Council Liaison	Jim Guerra	joguerra77062@gmail.com

RMOTHG ACTIVITY COORDINATORS:

Snowshoeing	Elaine Kallos	Ekallos11@gmail.com
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Cross Country Skiing	Andrew McGregor	Andrew.d.macgregor@gmail.com
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	Jeff Flax	Jeff.flax@gmail.com
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