



PLAY LEARN EXPLORE PROTECT YOUTH RENEW



# BACKCOUNTRY CACHE

A Newsletter for Members of CMC Backpacking Section

November 2021

## CHAIR'S CORNER - Uwe Sartori

All's quiet. Backpackers are transitioning into their winter groove: snowshoeing, skiing, hut trips, ice climbing, winter mountaineering, and winter camping. I suspect there'll be BPX members doing or looking for such trips, including me. Keep your eye on the CMC calendar. Reminder, make sure you clean and properly store all your 3 season gear. Check for items to repair and get that done. Put replacements on your holiday gift list. If you have durables you are retiring and they are in good shape, look for ways to recycle/repurpose. If you have questions, go to our [CMC BPX FB page](#) and ask. Someone will answer.

Your BPX committee is in the process of building trips and programs for the upcoming 2022 season. We will keep you in the loop. To all of you out there, thank you for being a BPX member, participating in and supporting a worthy and successful program. To our BPX Trip Leaders, thank you! It has been my great fortune to work with incredible BPX Trip Leaders and the BPX Committee, both who are composed of CMC volunteers who are totally dedicated to the cause of serving an inclusive, diverse CMC BPX membership and community through backpack trip offerings, learning opportunities, and social programs; thank you! We're going to have a great 2022 season!

Wishing each of you a wonderful holiday season. See you on the trail or in a tent in 2022!

## BPX TRIP LEADERS WHO LED IN 2021

2021 BPX Leaders Who Completed Trip(s) (#) (CMC Group)	2021 BPX Leaders Who Completed Trip(s) (#) (CMC Group)	2021 BPX Leaders Leading Their 1st Trip
Bob Legrand (2) (Denver)	Linda Lawson (7) (Denver)	Carol Munch
Brad Cotten (2) (Denver)	Linda Taipale (1) (Denver)	Daniel Schweissing
Brian Burd (2) (Denver)	Lisa Shroyer (2) (Denver)	John Broadbrooks
Carol Munch (1) (Denver)	Louise Campbell Blair (1) (Denver)	John Mill
Dale Plaff (2) (Gore Range)	Mercedes Aponte (2) (Denver)	Linda Jagger
Daniel Schweissing (2) (Denver)	Randy Blosser (1) (Denver)	Linda Taipale
Grayson Garner (3) (Denver)	Robert Dawson (1) (Denver)	Lisa Shroyer
John Broadbrooks (3) Western Slope)	Sharon Dawson (1) (Denver)	Louise Campbell Blair
Janet Martel (2) (Denver)	Steve Norman (1) (Denver)	Steve Norman
John Mill (1) (Denver)	Steve Wolf (1) (Denver)	Steve Wolf
John Walters (5) (Denver)	Tim Musil (1) (Denver)	Tim Musil
Kevin Galliers (2) (Denver)	Uwe Sartori (5) (Denver)	William Greer
Linda Jagger (1) (Denver)	William Greer (1) Pueblo	

---

## ANNUAL BPX MEMBER SURVEY

Twice as many of you responded to our annual member survey this year - thank you! You've provided lots of thoughtful suggestions on how to improve 2 of our most important activities - the Trips Launch and Trip Registration. The BPX committee will be mulling over your ideas in the coming months. It was also wonderful to see your overwhelmingly positive reviews and appreciation for the BPX Trip Leaders - they truly are the key to the success of the BPX Section. We will be sharing more details from the surveys soon, so stay tuned.

---

## SCHOOLS/EVENTS

**DENVER - DAY HIKER SCHOOL:** Virtual Alternative to Wilderness Trekking School. More info [here](#)

**STATE - HYBRID WILDERNESS FIRST AID:** Multiple Offerings - Check CMC Calendar [here](#)

**TCS NAVIGATION Virtual Courses:** [Nav1/Nav2 Info \(every month\)](#), [Nav1](#), [Nav2](#)

**STATE - HYBRID WILDERNESS FIRST RESPONDER:** Starts [Nov 30](#) and [Mar 1](#)

**DENVER - CPR/AED:** [Dec 8](#)

**STATE - 2-DAY WILDERNESS FIRST AID:** [Jan 8](#)

**HYBRID WILDERNESS FIRST AID:**

- [Ridgway: Jan 16](#)
- [Pueblo: Feb 5](#)
- [Fort Collins: Feb 27](#)

**BOULDER - AIARE AVALANCHE LEVEL 1:**

- [Dec 2](#)
- [Dec 9](#)

- [Dec 16](#)
- [Jan 6](#)
- [Jan 13](#)
- [Jan 20](#)
- [Jan 27](#)
- [Feb 3](#)
- [Feb 10](#)
- [Feb 17](#)
- [Feb 24](#)

#### **BOULDER - AIARE AVALANCHE RESCUE:**

- [Dec 10](#)
- [Dec 20](#)
- [Jan 2](#)
- [Jan 21](#)

#### **BOULDER - AIARE AVALANCHE LEVEL 2: [Jan 21](#)**

#### **DENVER - AVALANCHE TERRAIN AVOIDANCE (ATA):**

- Morning Seminar: [Dec 11](#) Afternoon Field Day: [Dec 11](#)
- Morning Seminar: [Jan 8](#) Afternoon Field Day: [Jan 8](#)
- Morning Seminar: [Feb 5](#) Afternoon Field Day: [Feb 5](#)
- Morning Seminar: [Feb 19](#) Afternoon Field Day: [Feb 19](#)

#### **DENVER - AIARE LEVEL 1, DECISION MAKING IN AVALANCHE TERRAIN:**

- [Jan 21-23](#)
- [Jan 24-26](#)
- [Feb 18-20](#)
- [Feb 21-23](#)

#### **DENVER - AIARE COMBO COMPANION RESCUE & AVALANCHE LEVEL 2: Starts [Mar 22](#)**

#### **PIKES PEAK AVALANCE LEVEL 1: [Jan 25 & 27 \(classroom\)](#), [29-30 \(field\)](#)**

#### **DENVER - WINTER CAMPING SCHOOL: Starts [Feb 1](#)**

#### **PIKES PEAK WINTER WILDERNESS SURVIVAL SKILLS: [Mar 9 \(classroom\)](#), [12-13 \(field\)](#)**

---

## **Q&A With Backpackers Bob & Bobbi**

Since this is the last edition of the Backcountry Cache for 2021, Bobbi and I decided to have some fun and share this poem courtesy of Heather Legler. See you in January!

### **ST. NICK ON THE TRAIL**

'Twas the night before Christmas and all through the camp  
Each hiker had turned off their ultralight lamp;  
Their bellies were filled up with backpack cuisine  
From instant potatoes to freeze dried ice cream.

The hikers were nestled each one in their bivvy  
(Except for a guy who snuck out for the privy);  
The wool socks were hung on each tree branch with care  
With hopes that they'd dry and be ready to wear.

And ma in her wool buff, and I in my cap,  
Had just checked and folded up our waterproof map,  
When out by our camp site there arose such a clatter,  
I sprang from my down bag to see what was the matter.

I reached for my bear spray and felt for my knife,  
Then unzipped the tent and looked out in the night;  
The moon on the breast of the new-fallen snow  
Made me glad that I packed clothes for 30 below.

When what to my wondering eyes did appear,  
But a miniature sleigh filled with backpacking gear,  
With a little old driver so lively and fit,  
I thought, "No, this can't be the same pudgy St. Nick."

More rapid than eagles his coursers they flew,  
But he called different names than the ones that I knew:  
"Now, Trekker! Now, Hiker! Now Alpine and Gypsy!  
On Venture! On Nomad! On Pilgrim and Topsy!  
To the top of the mount! to the top of the trees!  
Now dash away! Dash away, dash away, please!"

As I drew in my head, and I reached for my lamp,  
The ground shook as St. Nicholas landed in camp.  
He was dressed in merino with a goose down-filled puffy,  
And his beard wasn't long—it was 3-day old scruffy!

He gave me a wink, and took off from his back  
A huge red and white eighty-five liter pack  
His eyes shone like flames 'neath an ultralight pot;  
His dimples were just like a well-tied square knot.

His boots were scuffed up from the trails he'd explored,  
And his pants were held up with some green paracord.  
He was healthy and trim, a right jolly old guy;  
From his gait I could tell he was limber and spry.

He stoked our small fire and smiled, warming his hands,  
Then he leaned in and whispered his Christmas eve plans:  
"I'm starting my night with a ten-mile loop hike,"  
And I thought to myself, "This guy's easy to like."

We swapped hiking stories—most of them true  
(Except for the one 'bout the goats he claimed flew).  
He filled all our wool socks with gifts that were keen,  
Then he filtered some water and filled my Nalgene.

And pointing his finger to a spot on the map,  
He loaded his gear up and tightened the strap;  
He sprang to his feet, to his team gave a cry,  
And off they all hiked as I waved them goodbye.

But I heard him exclaim, ere he trekked out of sight—  
"Happy Trails to all, and remember, pack light!"

# BPX MEMBER INFO

**BPX FACEBOOK:** [BPX FB](#) Send Photos and Trips Reports to feature on the BPX Facebook Page to: [maggie.burns1@gmail.com](mailto:maggie.burns1@gmail.com)

**BPX LINKS:** Click [here](#) for BPX web page, [here](#) for BPX Member Benefits, [here](#) for CMC Member Benefits, and [here](#) for discounted Colorado State Parks Pass.

**COVID PROTOCOLS:** Check [here](#) for latest CMC update on Nov 15.

**COTREX WEBINARS:** [Module 1](#) and [Module 2](#)

**FIRE INFORMATION:** [National Interagency Fire Center News](#) [Colorado Fire Restrictions](#)

---

## THE COMPASS - Pat McKinley

### Leadership Style

The purpose for this brief introduction to leadership style is to encourage you to further investigate what other minds have written about the subject. Several references are provided in the footnotes.

In an earlier newsletter, leadership was defined as the *capacity* to move others toward goals shared with you. In comparison, leadership style is a leader's *method* or *approach* of providing direction, implementing plans, and motivating people. Taken from Newstrom, J.W 1993.

In 1939, psychologist Kurt Lewin and a team of researchers determined that there were three basic leadership styles: Authoritarian (Autocratic), Participative (Democratic), and Delegative (Laissez-Faire). One of these three styles may be representative of your dominant personal approach to leadership, but the effective leader will understand the proper use of all three basic styles and use them or some variance of them as appropriate for the circumstances.

Self-awareness is a popular topic today. "Your style must be you. Don't ever try to be someone you're not. Your leadership style must be authentic; it must reflect who you are, with all the pluses and minuses that may entail." "At some point, you must focus on how your own personality affects your leadership and develop your own leadership style". John Graham goes on to give some metaphorical exercises to gain insights into your leadership style. Other books on leadership self-awareness by Joshua Spodek, Richard Stearns, and Robin Dreeke are referenced below. Leadership is a life skill to be used and to serve you daily.

"To inspire trust, put others first." Robin Dreeke

Dreeke, Robin, (2017). *The Code of Trust*. New York: St Martin's Press, p. 5

John Graham, *Outdoor Leadership: Technique, Common Sense & Self-Confidence*, The Mountaineers Books, Seattle, 1997, p. 33-39

Lewin, K., Lippit, R., White, R.K. (1939). Patterns of aggressive behavior in experimentally created social climates. *Journal of Social Psychology*, 10, 271-301.

Newstrom, J.W., Davis, K. (1993). [Organizational Behavior: Human Behavior at Work](#). New York: McGraw-Hill.

Spodek Joshua, (2017). *Leadership Step by Step*. New York: Amacom Books

Stearns, Richard, (2021). *Lead like it matters to God*. Inter Varsity Press, p. 153-164

---

# LEAD THE PACK

Looking for awesome CMC Trip Leaders from ALL CMC groups interested in expanding their trip repertoire by leading backpacking trips. Email your interest and experience to [cmcbpxtlc@gmail.com](mailto:cmcbpxtlc@gmail.com). There are a variety of paths to becoming a BPX Trip Leader, and the BPX Team will help you get there. Let's talk!

---

Want to contribute to "The Pack"? Send your backpacking photos and articles to [cmcbpxnewsletter@gmail.com](mailto:cmcbpxnewsletter@gmail.com) so we can feature it in our Backcountry Cache Newsletter. Please include your name, location, and date.

*CMC Backpacking Section Supports Leave No Trace*

---

**CMC connects Coloradans with more than 3,000 trips, hikes and activities annually. Members also receive huge deals on outdoor gear, lodging, events and more.**

**JOIN**

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

710 10th Street, Suite 200  
Golden, CO | 80401 US

This email was sent to .

*To continue receiving our emails, add us to your address book.*

[Subscribe](#) to our email list.